

Words about Diet



다이어트

Diet



식단

Diet (Food, Meal)



살

Fat



근력

Muscular Strength



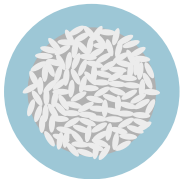
지방

Fat



지구력

Endurance



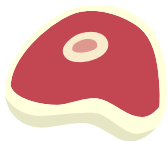
탄수화물

Carbohydrate



호흡

Breathe



단백질

Protein



필라테스

Pilates



건강

health



요가

Yoga

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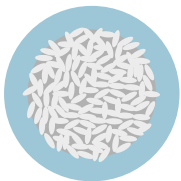
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